Mental Health First Aid (MHFA) Training - Core Curriculum  
(Contact Ivin Myles at imyles@co.pg.md.us to register)  
Location: RMS Bldg., 3rd Floor Conf. Rm., 1400 McCormick Dr., Largo, MD  
Contact: Ivin Myles | Email: imyles@co.pg.md.us to register  
Time: 10:00 a.m. - 2:00 p.m.

A Community Conversation - Depression and Anxiety  
Location: UMB Campus Center, 621 East Lombard St, Baltimore, MD 21201  
Time: 9:00 a.m. - 12:30 p.m.  
Sponsors: University of Maryland Medical System and University of Maryland, Baltimore  
Register: www.umms.org/communityhealth  
Details: A series of speaker presentations addressing a wide range of mental health topics focused on depression, anxiety, resilience and recovery.

Local Behavioral Health Authority Annual Mental Health Provider Appreciation and Awards Luncheon  
Location: La Fontaine Bleue, 7963 Annapolis Rd, Lanham, MD 20706  
Time: 11:30am - 2:00pm (By Invitation Only)

Children’s Mental Health Awareness Week  
Details: The Campaign goal, with community and school champions across the state, is to raise awareness of the importance of children’s mental health. Each year, we celebrate Children’s Mental Health Matters! with over a week of events, workshops, media, outreach and other awareness raising activities.  
Contact: Visit https://www.childrensmentalhealthmatters.org to learn more.

National Prevention Week  
Sponsor: Substance Abuse and Mental Health Services Administration (SAMHSA)  
Details: An annual health observance dedicated to increasing public awareness of, and action around, mental and/or substance use disorders. Visit: https://www.samhsa.gov/prevention-week for more info.

ADDITIONAL INFORMATION
In addition to the activities listed above please visit National Alliance on Mental Illness and Maryland Family Resource, Inc. for more information on events taking place as part of mental health awareness month.

Maryland Family Resource, Inc.  www.mfrinconline.com  
National Alliance on Mental Illness  www.namipgc.org